

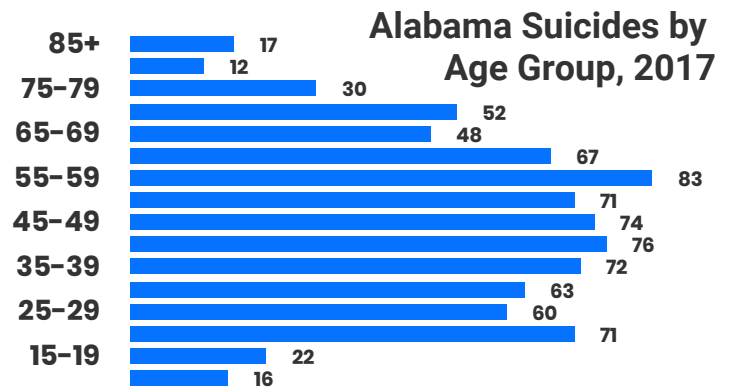
What we know about Suicide in Alabama

FACTS

Suicide is the **2nd** leading cause of **death** for **youth and young adults** between the ages of 10 - 34.

Over **300 suicides** committed by **seniors** over 55.

Alabama has had **higher** suicide rates than the average U.S. rate since 1990.



Why This Matters

Suicide Deaths Are Costly

One study estimated that a single year's suicide deaths cost the State \$790,902,000 in lifetime medical and work loss.

\$1,164,804 per Suicide Death

Failed Suicide Attempts May be Costlier



**1 Attempt Every
21 Minutes**

Among adults in the US, there are 30 suicide attempts for every death.

What Will Evaluation Answer

Efficiency

- Are program goals and objectives valid and reliable?
- What is the cost of delivering the program and how does it compare?

Coordination

- Who are the key providers and what is their role in the continuum of care?
- Are programs properly coordinated among key providers and stakeholders?

Effectiveness

- Are program goals and objectives being achieved?
- What are the relative benefits compared to the costs?

Capacity

- Are resources adequate to achieve the desired results?
- Are programs targeted to areas with the highest risk and need?

From the Catalog of Services

The **Alabama Youth Suicide Prevention Program (AYSPP)** is a multi-dimensional program that targets youth and young adults by collaborating with schools, substance abuse / mental health programs, and other youth-supporting systems.

Question, Persuade, Refer (QPR) Gatekeeper Training is offered in Community Mental Health Centers to provide training to recognize the warning signs of a suicide crisis and how to question, persuade, and refer someone to help.

Who is Most Affected?

Seniors & Adolescents who have or experienced:

- Psychiatric disorders
- Substance use
- Family history
- Loss of a parent / divorce
- Physical / sexual abuse
- Lack of a support network
- Feelings of social isolation
- Being bullied

Catalog Information

Participants Trained

11,517

Participants Trained through **AYSPP**

Dollars Spent

\$556,415

Federal Dollars Spent in FY17 on **AYSPP** Services

Alabama by the Numbers

Suicide Deaths Are on the Rise



6% increase between 2016-2017 & 18% since 1990



Veteran suicide rates have risen 28% since 2014.



Alabama currently ranks 24th in suicide rate nationally with 16.65 deaths per 100,000 people



9 out of every 10 Veteran suicides is committed by a male.

Sources

Alabama Department of Public Health. Alabama Suicide Fact Sheet. Montgomery, AL: 2017

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National Center for Biotechnology Information. Estimating the rates of death among adults who attempt suicide. Bethesda, Maryland. 2016

South Alabama. Understanding Suicide. (N.D)

U.S. Department of Veteran Affairs. Mental Health - Suicide Prevention. Annual Report and Archive Reports.